

Reception

Statutory Guidance

Relationships Education
Caring friendships
(2a,2c)
Health Education
Mental wellbeing
(6b,6c,6g)

Learning Intentions and Learning Outcomes

Learning Intention
To recognise the importance of friendship

Learning Outcomes
Know that friendships can make us feel happy
Know some ways that we can make new friends feel welcome

Relationships Education
Caring friendships
(2d)
Health Education
Mental wellbeing
(6b,6c)

Learning Intention
To recognise the importance of saying sorry and forgiveness

Learning Outcomes
Know that arguing with friends and then making up can make friendships stronger
That resorting to violence is never right

Relationships Education
Families and people who care for me (1a)
Caring friendships (2a)
Respectful relationships (3a)

Learning Intention
To recognise that all families are different

Learning Outcomes
Identify different members of the family
Understand how members of a family can help each other

Year 1

Statutory Guidance

Relationships Education
Respectful relationships
(3a,3e)
Healthy Education
Mental wellbeing
(6b,6c)

Learning Intentions and Learning Outcomes

Learning Intention
To understand that we are all different but can still be friends
Learning Outcomes
Know that we can be friends with people who are different to us

Key Stage 1 Science
- Identify, name, draw and label
the basic parts of the human
body

Learning Intention
To discuss how children grow and change
Learning Outcomes
Understand that babies need care and support
Know that older children can do more by themselves

Relationships Education
Families and people who care
for me (1a,1b,1c,1d,1f)
Caring friendships (2e)
Respectful relationships (3a,3e)
Being Safe (5d,5e)
Health Education
Mental wellbeing (6b,6c)

Learning Intention
To explore different types of families and who to ask for help
To identify who can help when families make us feel unhappy or
unsafe
Learning Outcomes
Know there are different types of families
Know which people we can ask for help

Year 2

Statutory Guidance

Relationships Education
Respectful relationships
(3a,3g)

Key Stage 1 Science
- Identify, name, draw and label the basic parts of the human body

Learning Intentions and Learning Outcomes

Learning Intention

To introduce the concept of gender stereotypes
To identify differences between males and females

Learning Outcomes

Understand that some people have fixed ideas about what boys and girls can do
Describe the difference between male and female babies

Relationships Education
Respectful relationships (3a)

Key Stage 1 Science
- Notice that animals, including humans, have offspring that grow into adults

Learning Intention

To explore some of the differences between males and females and to understand how this is part of the lifecycle

Learning Outcomes

Describe some differences between male and female animals
Understand that making a new life needs a male and a female

Key Stage 1 Science
-Identify, name, draw and label the basic parts of the human body

Learning Intention

To focus on sexual difference and name body parts

Learning Outcomes

Describe the physical differences between males and females
Name the different body parts

Year 3

Statutory Guidance

Relationships Education
Respectful relationships
(3a)

Learning Intentions and Learning Outcomes

Learning Intention

To identify that people are unique and to respect those differences
To explore the differences between male and female bodies

Learning Outcomes

Know and respect the body differences between ourselves and others
Name male and female body parts using agreed words

Relationships Education
Caring friendships (2e)
Respectful relationships
(3b,3d,3f)
Being safe (5a,5b,5c,5d,5f,5g)

Learning Intention

To consider appropriate and inappropriate physical contact and consent

Learning Outcomes

Understand that each person's body belongs to them
Understand personal space and unwanted touch

Relationships Education
Families and people who care
for me (1a,1b,1c,1d,1f,)
Being safe (5d,5f,5g, 5h)

Learning Intention

To explore different types of families and who to go to for help and support

Learning Outcomes

Understand that all families are different and have different family members
Identify who to go to for help and support

Year 4

Statutory Guidance

Health Education

Changing adolescent body (8a)

Key Stage 2 Science

- describe the life process of reproduction in some plants and animals

Health Education

Mental wellbeing (6a,6b,6c,6d,6f)

Health Education

Changing adolescent body (8a, 8b)

Menstruation (9a)

Key Stage 2 Science

- describe the life process of reproduction in some plants and animals

-describe the changes as humans develop to old age

Relationships Education

Caring friendships (2b,2c,2d,2e)

Respectful relationships (3a,3b,3d,3e,3f,3h)

Online relationships (4b,4d)

Learning Intentions and Learning Outcomes

Learning Intention

To explore the human lifecycle

To identify some basic facts about puberty

Learning Outcomes

Understand that puberty is an important stage in the human lifecycle

Know some changes that happen during puberty

Learning Intention

To explore how puberty is linked to reproduction

Learning Outcomes

Know about the physical and emotional changes that happen in puberty

Understand that children change into adults to be able to reproduce if they choose to

Learning Intention

To explore respect in a range of relationships

To discuss the characteristics of healthy relationships

Learning Outcomes

Know that respect is important in all relationships including online

Explain how friendships can make people feel unhappy or uncomfortable.

Year 5

Statutory Guidance

Health Education
Mental wellbeing
(6c, 6d,6f,)
Changing adolescent body
(8a,8b)
Menstruation (9a)

Health Education
Changing adolescent body
(8a,8b)
Menstruation (9a)

Health Education
Mental wellbeing
(6a,6b,6c, 6d,6e,6f,)
Changing adolescent body
(8a,8b)
Menstruation (9a)

Learning Intentions and Learning Outcomes

Learning Intention
To explore the emotional and physical changes occurring in puberty
Learning Outcomes
Explain the main physical and emotional changes that happen during puberty
Ask questions about puberty with confidence

Learning Intention
To understand male and female puberty changes in more detail
Learning Outcomes
Understand how puberty affects the reproductive organs
Describe what happens during menstruation and sperm production

Learning Intention
To explore the impact of puberty on the body and the importance of physical hygiene
To explore ways to get support during puberty
Learning Outcomes
Explain how to keep clean during puberty
Explain how emotions/relationships change during puberty
Know how to get help and support during puberty

Year 6

Statutory Guidance	Learning Intentions and Learning Outcomes
Health Education Mental wellbeing (6c,6d,6f,6g,6i,6j) Changing Adolescent body (8a,8b)	Learning Intention To consider puberty and reproduction Learning Outcomes Describe how and why the body changes during puberty in preparation for reproduction Talk about puberty and reproduction with confidence
Relationships Education Families and people who care for us (1a,1b,1d,1f) Caring friendships (2a,2b,2c) Respectful relationships 3b,3d,3h) Being safe (5a,5b,5c,5d,5e)	Learning Intention Exploring the importance of communication and respect in relationships Learning Outcomes Explain differences between healthy and unhealthy relationships Know that communication and permission seeking are important
Relationships Education Families and people who care for us (1c,1d,1e) Key Stage 2 Science - recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to parents	Learning Intention To consider different ways people might start a family Learning Outcomes Describe the decisions that have to be made before having children Know some basic facts about conception and pregnancy
Relationships Education Online relationships (4a,4b,4c,4d,4e) Being safe (5a,5b,5d,5e,5g,5h) Mental wellbeing (6h,6i)	Learning Intention To explore positive and negative ways of communicating in a relationship Learning Outcomes To have considered when it is appropriate to share personal/private information in a relationship To know how and where to get support if an online relationship goes wrong